

[REDACTED] 1940, Kostolac

Dolazi zbog opšte malaksalosti. Ima bolove u ramenima. Povremeno joj otiču noge. Afebrilna. Tegobe pojačane poslednjih par nedelja. Leči se od ranije od hipertenzije i dijabetesa. U posledje vreme joj skače glikemija do 14,6mmol/L. Pije Tritace tabl. 5mg, 2x1, Bisoprolol tabl. 2,5mg, 2x1, Gluformin tabl. 1.000mg, 2x1, Cardiopirin tabl. 100mg, 1x1. Nema glavobolje, vrtoglavice i nesvestice. Nema klasične bolove u grudima i gušenje. Nema kašalj, negira respiratorne tegobe. Nema mučninu, gorušicu, niti bolove u truhu. Neredovna stolica. Mokri uredno, mokraćna uredno prebojenosti. Oseća povremeno da su joj hladne noge. Ostalo u anamnezi po sistemima b.o. Ne puši.

U analizama od 23.05.2022: Le=12,9, granulocitna predominacija, Er=3,30; Hgb=100, Hct=0,205, tromb.=528. Se>100, Fe=8,4. Urin=b.o., gly=10,7, chol=6,03, trigl=2,73, T4=117, TSH=5,67 ostalo u biohemiji b.o.

Kardiorespiratorno kompenzovana, T°C uredna, blede kože i vežnjača, sklere anikterične; Glava i vrat b.o. TA: 120/70; Cor: ritmiča akcija, Fr. 96/min, tonovi potmulji. Pulmo: vezikularno disanje, perkutorno sonorant zvuk. SpO2=98% Abdomen palpatorno bez bola i tumefakcija. Na potkolenicama diskretni testasti edemi i manji varikoziteti. Grubi neurološki nalaz: bez upadljivih ispada. Gly=7,5 (u 14:30, nije jela 6 sati). EKG: sinusni ritam, fr. oko 70/min, levogram, ST i T b.o. PR i QTc uredni.

**POCUS: Thyroid gland with smaller lobes, without focal changes. Vascular activity decreased. Neck LND not enlarged. Calcified plaque on the posterior wall of the left ACC bulbus, causes stenosis of up to 15%. Other carotid arteries without plaques/stenoses. Flow through both AVs preserved. MAPSE and TAPSE normal. LV 49/31, septum and posterior wall 10/9, EF 62%, no segmental hypokinetics during systole. Other heart cavities of normal dimensions. E/A ratio normal, EPSS normal. Sclerotic mitral annulus and cusps, sclerotic aortic root and velum, aortic root 28mm. Above the TV there is a TR1+. Pericardium empty. LUS shows normal A-profile in all examined lung fields. There is no free fluid in the abdominal cavity. Liver is of normal size, without focal changes. Gallbladder without internal echoes. Pancreas hyperechoic. Spleen with regular morphology. No AAA. Thin calcifications on the walls of aorta. No enlarged paraaortic LNDs. Kidneys with normal dimensions, without stasis and calculi. Bladder without internal echoes. Waveforms above AF, AV, ARM and ADP three-phased on both sides, walls with minor calcifications. FV and PV are compressible, there is no DVT. Small varices above crural parts of both VSM.**

Dg: Diabetes mellitus ad insulino independens non regullatus  
Hypertensio arterialis  
Anaemia syderopenica  
Stenosis ACC lat. sin.  
Hypothyreosis in obs.  
Insufficiencio valvulae tricuspidalis levioris

Th: Amaryl tabl. 2mg, 1 ujutru pre doručka  
Gluformin tabl. 1.000mg, 2x1 pre glavnih obroka  
Heferol caps. 1 ujutru - mesec dana  
Folkis tabl. 5mg, 3x1 - mesec dana  
Tritace tabl. 5mg, 2x1  
Bisoprolol tabl. 2,5mg, 2x1  
Cardiopirin tabl. 100mg, 1x1 posle jela  
Rosuhol tabl. 10mg, 1 uveče

Da isprima seriju ampula OHB12, im. 7 (VII) komada, po jednu na svaki drugi dan.

Uraditi ft4. Kontrolna KKS, SE, CRP, Fe, HbA1c, gly, chol, HDL, LDL, trigl., ALT, AST, urea, kreatinin, elektroliti i urin za mesec dana.

Požarevac, 25.05.2022.

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